



Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY



Office of the Schools Division Superintendent

06 July 2026

DIVISION MEMORANDUM
No. 611 s.2026

DISSEMINATION OF MEMORANDUM OM-LS-2026-247
CLARIFICATIONS ON TIME ALLOTMENT, CLASS PROGRAMMING, AND LEARNING
RESOURCES FOR THE STRENGTHENED SENIOR HIGH SCHOOL (SSHS)
CURRICULUM

To: Assistant Schools Division Superintendent
Chiefs, CID and SGOD
CID and SGOD Personnel
Concerned Secondary School Heads
This Division

1. This Office disseminates DepEd Memorandum OM-LS-2026-247 on Clarifications on Time Allotment, Class Programming, and Learning Resources for the Strengthened Senior High School (SSHS) Curriculum.
2. In adherence to the Equal Opportunity Policy (EOP), inclusive and fair treatment is accorded to all regardless of age, gender and sexual orientation, disability, religion, and ethnicity.
3. For wide dissemination and strict compliance.

ROY ANGELO E. GAZO
Schools Division Superintendent

Encl.: As stated
Reference: As stated
To be indicated in the Perpetual Index
Under the following subjects:

SENIOR HIGH SCHOOL

DM-288-CID-IM-(JGTV)/ dissemination of memorandum om-ls-2026-247
July 06, 2026



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Republic of the Philippines

Department of Education

OFFICE OF THE UNDERSECRETARY FOR LEARNING SYSTEMS

MEMORANDUM
OM-LS-2026-247

TO : **REGIONAL DIRECTORS**
SCHOOLS DIVISION SUPERINTENDENTS

FROM : 
CARMELA C. ORACION
Undersecretary for Learning Systems

SUBJECT : **CLARIFICATIONS ON TIME ALLOTMENT, CLASS**
PROGRAMMING, AND LEARNING RESOURCES FOR THE
STRENGTHENED SENIOR HIGH SCHOOL (SSHS)
CURRICULUM

DATE : 16 June 2026

In response to feedback and questions gathered directly from schools during the Opening Block, the following guidelines are issued to support the effective implementation of the Strengthened Senior High School Curriculum under DepEd Order No. 17, s. 2026.

1. Time Allotment and Class Programming

Time allotments and sample class programs in DO No. 17, s. 2026 may be adjusted to fit each school's context and operational needs, provided the prescribed minimum total instructional hours per subject are met within the Instructional Blocks:

- Core Subjects – 160 hours per subject across 3 Terms
- Academic Electives – 80 hours or 160 hours per subject for 1 Term
- Grade 11 Tech-Pro Electives – 320 hours per subject across 3 Terms
- Grade 12 Tech-Pro Electives – 320 hours per subject for 1 Term

Only teaching and learning hours within the Instructional Blocks count toward the total. The Opening Block and End-of-Term Block shall not be considered part of the total instructional hours, unless used for makeup classes.

To complete the required number of hours without compromising learner welfare, schools may conduct blended learning activities as needed, regardless of the number of shifts, provided that class hours shall not exceed 40 hours per week. Schools that are implementing the 2016 K to 12 Senior High School Curriculum are likewise encouraged to explore blended learning activities. Sample class programs are in Annex D.2 of DO No. 17, s. 2026; additional samples are in **Annex A** of this document.

Teacher workload shall continue to be governed by existing DepEd policies, including Republic Act (RA) No. 4670 or the “Magna Carta for Public School Teachers”. All school heads are encouraged to protect the six (6) hours of actual classroom teaching load per day for all teachers. Asynchronous sessions must be reflected in both the class program and teachers' schedules as part of their teaching load.

2. Learning Resources

The DepEd Central Office, through the Bureau of Learning Delivery (BLD) and Bureau of Learning Resources (BLR), has prepared a curated set of Lesson Exemplars (LE) and Learning Activity Sheets (LAS) aligned with the SSHS Curriculum. These Learning Resources may be accessed through <https://tinyurl.com/SSHSLEandLAS> and shall also be made available via the official DepEd website.

Please note that the folder entitled **“(Previously Released LR for SSHS Pilot) Core Subjects and Select Tech-Pro Electives”** is provided for reference and interim use only. Once the finalized resources are made available, the use of the updated versions is strongly recommended.

All learning resources shall be continuously uploaded to the said link and the official SSHS website (<https://www.deped.gov.ph/strengthened-shs-program/>) as they become available.

For information and guidance.

Annex A. Additional SSHS Sample Class Program

For the full context and other sample class programs, please refer to DO No. 17, s.2026.

Sample Grade 11 Class Schedule for Strengthened SHS - Academic Track

Grade 11		
1st Term	2nd Term	3rd Term
Academic Elective 1 (80 hours)	Academic Elective 2 (80 hours)	Academic Elective 3 (80 hours)
Core Subject 1 (160 hours)		
Core Subject 2 (160 hours)		
Core Subject 3 (160 hours)		
Core Subject 4 (160 hours)		
Core Subject 5 (160 hours)		

Regular Shift - 1st Term to 3rd Term (1 hour per Core Subject, 1.5 hours per Elective)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00	Core Subject 1				
8:00-9:00	Core Subject 2				
9:00-9:15	Break				
9:15-10:15	Core Subject 3				
10:15-11:15	Core Subject 4				
11:15-12:00	Lunch Break				
12:00-1:00	Core Subject 5				
1:00-2:00	Academic Elective				
2:00-2:30					
2:30-3:30	Homeroom Guidance Program (HGP)				

Double Shift - 1st Term to 3rd Term (1 hour per Core Subject, approx. 1.5 hours per Elective)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Core Subject 1				
7:00-8:00	Core Subject 2				
8:00-9:00	Core Subject 3				
9:00-9:15	Break				
9:15-10:15	Core Subject 4				
10:15-11:15	Core Subject 5				
11:15-12:15	Academic Elective			Academic Elective	
12:15-12:45				HGP	
Estimated total number of hours for asynchronous sessions: Academic Elective = 8.5 hours for the entire term					

**Sample Grade 12 Class Schedule for
Strengthened SHS - Academic Track**

Grade 12		
1st Term	2nd Term	3rd Term
Academic Elective 4 (80 hours)	Academic Elective 8 (80 hours)	Academic Elective 12 (80 hours)
Academic Elective 5 (80 hours)	Academic Elective 9 (80 hours)	Academic Elective 13 (80 hours)
Academic Elective 6 (80 hours)	Academic Elective 10 (80 hours)	Academic Elective 14 (80 hours)
Academic Elective 7 (80 hours)	Academic Elective 11 (80 hours)	Academic Elective 15 (80 hours)

Regular Shift - 1st term (1.5 hours per Elective)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00	Academic Elective 4				
8:00-8:30					
8:30-9:00	Break				
9:00-10:0	Academic Elective 5				
10:00-10:30					
10:30-11:30	Academic Elective 6				
11:30-12:00					
12:00-1:00	Lunch Break				
1:00-2:00	Academic Elective 7				
2:00-2:30					
2:30-3:30					HGP

Double Shift - 1st Term to 3rd Term (1.5 hours per Elective)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Academic Elective 4				
7:00-7:30					
7:30-8:30	Academic Elective 5				
8:30-9:00					
9:00-9:15	Break				
9:15-10:15	Academic Elective 6				
10:15-10:45					
10:45-11:45	Academic Elective 7				
11:45-12:15					
12:15-12:45					HGP

**Sample Grade 11 Class Schedule for
Strengthened SHS - Tech-Pro Track**

Grade 11		
1st Term	2nd Term	3rd Term
	Core Subject 1 (160 hours)	
	Core Subject 2 (160 hours)	
	Core Subject 3 (160 hours)	
	Core Subject 4 (160 hours)	
	Core Subject 5 (160 hours)	
	Tech-Pro Elective 1 (320 hours)	

Regular Shift - 1st Term to 3rd Term (1 hour per Core Subject, 2 hours per Elective)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00			Core Subject 1		
8:00-9:00			Core Subject 2		
9:00-9:15			Break		
9:15-10:15			Core Subject 3		
10:15-11:15			Core Subject 4		
11:15-12:00			Lunch Break		
12:00-1:00			Core Subject 5		
1:00-2:00			Tech-Pro Elective 1		
2:00-3:00					
3:00-3:30				HGP	

Double Shift - 1st Term to 3rd Term (1 hour per Core subject 4x a week, 2 hours per Elective)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Core Subject 1	Core Subject 1	Core Subject 1	Core Subject 1	Core Subject 2
7:00-8:00	Core Subject 2	Core Subject 2	Core Subject 2	Core Subject 3	Core Subject 3
8:00-9:00	Core Subject 3	Core Subject 3	Core Subject 4	Core Subject 4	Core Subject 4
9:00-9:15	Break				
9:15-10:15	Core Subject 4	Core Subject 5	Core Subject 5	Core Subject 5	Core Subject 5
10:15-11:15	Tech-Pro Elective 1				
11:15-12:15					
12:15-12:45				HGP	
Estimated total number of hours for asynchronous sessions: Core Subject - 28 hours per core subject for three terms					

**Sample Grade 12 Class Schedule for
Strengthened SHS - Tech-Pro Track**

Grade 12		
1st Term	2nd Term	3rd Term
Tech-Pro Elective 2 (320 hours)	Tech-Pro Elective 3 (320 hours)	Work Immersion (320 hours)

Regular Shift - 1st Term to 2nd Term (6 hours per Elective)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00	Tech-Pro Elective				
8:00-9:00					
9:00-9:15	Break				
9:15-10:15	Tech-Pro Elective				
10:15-11:15					
11:15-12:00	Lunch Break				
12:00-1:00	Tech-Pro Elective				
1:00-2:00					
2:00-3:00					HGP

Double Shift - 1st Term to 2nd Term (5.5 hours per Elective)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Tech-Pro Elective				
7:00-8:00					
8:00-8:15	Break				
8:15-9:15	Tech-Pro Elective				
9:15-10:15					
10:15-10:30	Break				
10:30-11:30	Tech-Pro Elective				
11:30-12:00					
12:00-12:30				HGP	
Estimated total number of hours for asynchronous sessions: Tech-Pro Elective = 17.5 hours per Tech-Pro Elective for the entire term					

Regular and Double Shift - 3rd Term

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-12:00	Work Immersion (break from 12:00-1:00 PM) Schedule 1 hour HGP				
12:00-1:00					
1:00-3:00					

**Sample Grade 12 2016 K to 12 Senior High School
Curriculum Class Schedule**

Science, Technology, Engineering, and Mathematics (STEM)		
1st Term	2nd Term	3rd Term
• Subject 1 (80 hours) • Subject 2 (80 hours) • Subject 3 (80 hours) • Subject 4 (80 hours) • Subject 5 (80 hours) • Subject 6 (20 hours)	• Subject 7 (80 hours) • Subject 8 (80 hours) • Subject 9 (80 hours) • Subject 10 (80 hours) • Subject 11 (80 hours) • Subject 12 (20 hours)	• Subject 13 (80 hours) • Subject 14 (80 hours) • Subject 15 (80 hours) • Subject 16 (80 hours) • Subject 17 (80 hours)

Regular Shift

1st Term (2 hours per Subject 3x a week, 1 hour 2x a week for PE)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-9:00	Subject 1	Subject 1	Subject 1	Subject 2	Subject 2
9:00-9:15	<i>Health Break</i>				
9:15-11:15	Subject 2	Subject 3	Subject 3	Subject 3	Subject 4
11:15-12:00	<i>Lunch Break</i>				
12:00-2:00	Subject 4	Subject 4	Subject 5	Subject 5	Subject 5
2:00-3:00	HGP	Subject 6 (PE)	Subject 6 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 1 to 5 = 14 hours per subject for the entire term					

2nd Term (2 hours per Subject 3x a week, 1 hour 2x a week for PE)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-9:00	Subject 7	Subject 7	Subject 7	Subject 8	Subject 8
9:00-9:15	<i>Health Break</i>				
9:15-11:15	Subject 8	Subject 9	Subject 9	Subject 9	Subject 10
11:15-12:00	<i>Lunch Break</i>				
12:00-2:00	Subject 10	Subject 10	Subject 11	Subject 11	Subject 11
2:00-3:00	HGP	Subject 12 (PE)	Subject 12 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 7 to 11 = 14 hours per subject for the entire term					

3rd Term (2 hours per Subject 3x a week)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-9:00	Subject 13	Subject 13	Subject 13	Subject 14	Subject 14
9:00-9:15	<i>Health Break</i>				
9:15-11:15	Subject 14	Subject 15	Subject 15	Subject 15	Subject 16
11:15-12:00	<i>Lunch Break</i>				
12:00-2:00	Subject 16	Subject 16	Subject 17	Subject 17	Subject 17
2:00-3:00	HGP				
Estimated total number of hours for asynchronous sessions: Subjects 13 to 17 = 14 hours per subject for the entire term					

Double Shift (STEM)

1st Term (1 hour per Subject 5x a week, 1 hour 2x a week for PE)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 1				
7:00-8:00	Subject 2				
8:00-9:00	Subject 3				
9:00-9:15	Break				
9:15-10:15	Subject 4				
10:15-11:15	Subject 5				
11:15-12:15	HGP	Subject 6 (PE)	Subject 6 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 1 to 5 = 25 hours per subject for the entire term					

2nd Term (1 hour per Subject 5x a week, 1 hour 2x a week for PE)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 7				
7:00-8:00	Subject 8				
8:00-9:00	Subject 9				
9:00-9:15	Break				
9:15-10:15	Subject 10				
10:15-11:15	Subject 11				
11:15-12:15	HGP	Subject 12 (PE)	Subject 12 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 7 to 11 = 25 hours per subject for the entire term					

3rd Term (1 hour per Subject 5x a week)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 13				
7:00-8:00	Subject 14				
8:00-9:00	Subject 15				
9:00-9:15	Break				
9:15-10:15	Subject 16				
10:15-11:15	Subject 17				
11:15-12:15	HGP				
Estimated total number of hours for asynchronous sessions: Subjects 13 to 17 = 25 hours per subject for the entire term					

Technical-Vocational-Livelihood (TVL)		
1st Term	2nd Term	3rd Term
• Subject 1 (80 hours) • Subject 2 (80 hours) • Subject 3 (80 hours) • Subject 4 (20 hours)	• Subject 7 (80 hours) • Subject 8 (80 hours) • Subject 9 (80 hours) • Subject 10 (20 hours)	• Subject 11 (80 hours) • Subject 12 (80 hours) • Subject 13 (80 hours) • Subject 14 (<i>i.e. Work Immersion</i>) (80 hours)
Subject 5 (160 hours)		
Subject 6 (160 hours)		

Regular Shift

1st Term (2 hours per Subject 3x a week, 2 hours per Specialized Subject 4x a week, 1 hour 2x a week for PE)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-9:00	Subject 1	Subject 1	Subject 1	Subject 2	Subject 5
9:00-9:15	Health Break				
9:15-11:15	Subject 2	Subject 2	Subject 3	Subject 3	Subject 5
11:15-12:00	Lunch Break				
12:00-2:00	Subject 3	Subject 5	Subject 6	Subject 5	Subject 6
2:00-3:00	HGP	Subject 4 (PE)	Subject 4 (PE)	Subject 6	Subject 6
Estimated total number of hours for asynchronous sessions: Subjects 1 to 3 = 14 hours per subject for the entire term					

2nd Term (2 hours per Subject 3x a week, 2 hours per Specialized Subject 4x a week, 1 hour 2x a week for PE)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-9:00	Subject 7	Subject 7	Subject 7	Subject 8	Subject 5
9:00-9:15	Health Break				
9:15-11:15	Subject 8	Subject 8	Subject 9	Subject 9	Subject 5
11:15-12:00	Lunch Break				
12:00-2:00	Subject 9	Subject 5	Subject 6	Subject 5	Subject 6
2:00-3:00	HGP	Subject 10 (PE)	Subject 10 (PE)	Subject 6	Subject 6
Estimated total number of hours for asynchronous sessions: Subjects 7 to 9 = 14 hours per subject for the entire term					

3rd Term (2 hours per Subject 4x a week, Work Immersion)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-9:00	Subject 11	Subject 11	Subject 11	Subject 11	Subject 14 (8 hours of Work Immersion with a break from 12:00-1:00 PM)
9:00-9:15	Health Break				
9:15-11:15	Subject 12	Subject 12	Subject 12	Subject 12	
11:15-12:00	Lunch Break				
12:00-2:00	Subject 13	Subject 13	Subject 13	Subject 13	
2:00-3:00	HGP				

Double Shift (TVL)

1st Term (1 hour per Subject 5x a week, 1 hour 2x a week for PE)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 1				
7:00-8:00	Subject 2				
8:00-9:00	Subject 3				
9:00-9:15	Break				
9:15-10:15	Subject 5				
10:15-11:15	Subject 6				
11:15-12:15	HGP	Subject 4 (PE)	Subject 4 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 1 to 3, 5, and 6 = 25 hours per subject for the entire term					

2nd Term (1 hour per Subject 5x a week, 1 hour 2x a week for PE)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 7				
7:00-8:00	Subject 8				
8:00-9:00	Subject 9				
9:00-9:15	Break				
9:15-10:15	Subject 5				
10:15-11:15	Subject 6				
11:15-12:15	HGP	Subject 10 (PE)	Subject 10 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 7 to 9, 5, and 6 = 25 hours per subject for the entire term					

3rd Term (1 hour per Subject 5x a week, Work Immersion)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 11	Subject 11	Subject 11	Subject 11	Subject 14 (8 hours of Work Immersion with a break from 12:00-1:00 PM)
7:00-8:00	Subject 12	Subject 12	Subject 12	Subject 13	
8:00-8:15	Break				
8:15-9:15	Subject 13	Subject 13	Subject 13	Subject 12	
10:15-11:15	HGP	Subject 11	Subject 12	Subject 13	
Estimated total number of hours for asynchronous sessions: Subjects 11 to 13 = 25 hours per subject for the entire term					